



Nursing Students' Association of New York State 2019-2020

April Formal Meeting

Date: April 18th, 2019 at 8:00 PM

Location: Zoom Conference Call

1) Call to Order

a) The monthly meeting of the Board of Directors of the Nursing Students' Association of New York State was called to order at 8:00 PM by President, Jessica Alvarado.

2) The Roll: The roll was called by Secretary, Victoria Waskiewicz.

Present:

1. President - Jessica Alvarado
2. Co-Vice President- Aniko Radnics
3. Co-Vice President - Nicholas Salvatore
4. Secretary - Victoria Waskiewicz
5. Treasurer - Jillian Dempsey
6. Communications Director - Alyssa Trillana
7. Policy & Education Director - Jessica Allen
8. Community Health Director - Cassandra Skula
9. Breakthrough to Nursing - Kristina Fanos
10. Regional Director Chair - Connor O'Sullivan
11. ANA NY Consultant- Dr. Graham
12. Faculty Consultant- Larry Slater

Auxiliary Board Present:

1. Metropolitan – Olivia Russell
2. Central – Max Amestegui
3. Western – Connor O' Sullivan
4. Northeast – Jessica Rodriguez
5. Mid-Hudson - Olena Trojanowski

Absent:

1. STAT Editor- Emilia Salazar
2. Presidential Advisor- Giselle Melendez
3. Genesee Valley – Melannie Lopez

4. Long Island -- Arianna Cavallino

President, Jessica Alvarado declared a quorum present (8 members)

ROE REVIEW:

Section 3 was reviewed:

Boardroom and Meeting Behaviors

BYLAWS REVIEW:

Out Rule was Reviewed:

Regarding the ability to remove oneself from a tough discussion for the time being

PRESIDENT'S REPORT – JESSICA ALVARADO

Highlights of the report include the following:

- a. [New York State Dues](#)
 - i. Increase dues or keep as is (\$40)
 - ii. \$5 is not a big increase and would provide more money for NSANYS
 - iii. Connor O' Sullivan Motioned to increase NSNA fee by \$5 for all new and renewing members. Aniko Radnics seconded this motion. All in Favor, None opposed. No abstention
The Motion is carried
- b. Convention
 - i. NSANYs won 5 awards
 - ii. Awards allowed us \$500
- c. NSNA Summer Leadership conference
 - i. Mt. Sinai Medical Center- Friday, July 26th 8:30am -5pm
 1. BoD advised to attend
 2. RD's will be promoting event
- d. COSL
 - i. ANA-NY's Annual Convention is in Clayton, NY - concerned about our attendance
 - ii. We only budget for about 50 attendees, we will have out COSL along with ANA-NY
 - iii. Potentially sending Max and Connor for site visits for to promote NSNA, COSL, and NSANYS convention
- e. Review committees
 - i. Make sure that committee chairs are utilizing their committees and delegating tasks as needed
- f. Reminder: must participate in 1 BTN or 1 Community Health event per semester
- g. Must contribute at least 2 articles for STAT
- h. President, Jessica Alvarado appointing Katelyn Finnegan as Special Consultant

Regional Director Chair, Connor O' Sullivan motioned to approve President, Jessica Alvarado's appointment. The motion was seconded by Treasurer, Jillian Dempsey. All in favor, none opposed. No abstentions. The motion is carried.
Katelyn Finnegan is now Special Consultant

VICE PRESIDENT'S REPORT - NICHOLAS SALVATORE AND ANKIO RADNICS

Highlights of the report include the following:

- I. Apparel/Merchandise
 - a. Updated spreadsheet on Google Drive with current inventory after NSNA convention including all new merchandise.

- II. Convention Progress
 - a. Locations narrowed down to those listed below:
 - Convene 46th Street, NYC (Meeting 4/19 3:00pm)
 - Apella 29th St, NYC (Meeting 4/19 11:00am)
 - Garden City Hotel, Garden City (Meeting 4/18 11:30am)
 - Edith Macy Conference Center, Briarcliff Manor (Meeting TBD)
 - Convene 1 Liberty Plaza (Meeting 4/19 12:30pm)
 - b. We will be submitting proposals to Convention Planning committee for all locations by the week of 4/22/19 after initial meetings are completed

TREASURER'S REPORT – JILLIAN DEMPSEY

Highlights of the report include the following:

- I. 2019-2020 NSANYS Proposed Budget:
(<https://docs.google.com/spreadsheets/d/1M6w0PdybQLclo3HsqVwNzgOAmrNx9dBvgwiadgYo3Qc/edit?usp=sharing>)

Treasurer, Jill Dempsey motioned on behalf of the finance committee to approve proposed budget. No discussion. All in favor, none opposed. No abstentions.
The motion carries

- II. Account Balances: As of 4/16/19
 - a. Checkings: \$43,168.35
 - b. Savings: \$47,394.81
 - c. Total: \$90,563.18
 - d. Convention Award Winnings: \$600.00
- III. Convention Expenses Update: Total of all checks written thus far.
 - e. Hotel: \$3,847.20
 - f. Checks: \$8,329.19
 - g. Total: \$12,176.39
 - h. Originally Budgeted for \$23,000.

IV. Reminder: send in reimbursements for NSNA convention ASAP!

1. Itemized receipts for food
2. include ALL receipts for flights, checked bags, and convention registration.
3. Emailed receipts will not be accepted due to the amount of paper wasted.

V. Regarding Mid Year: According to Policies and Procedures handbook:

Article II, Section 3, The President and Treasurer are expected to attend the NSNA Mid-Year Convention, with a Co-Vice President and/or other Director attending based on the annual budget allowance.

1. President, Jessica Alvarado and Treasurer, Jillian Dempsey will book flights in order to save money

SECRETARY'S REPORT - VICTORIA WASKIEWICZ

Highlights of the report include the following:

- I. Regarding the NSNA Convention:
 - A. Networked with fellow secretaries during the breakout session at convention and throughout the week
 - B. Attended sessions on Biomedical Research and Image of Nursing: Image of Nursing: provided with information on how to keep the board, collectively, looking clean and professional and how to advertise without blowing the budget. Biomedical Research: learned about a new research program that allows participants of all race, size, gender etc. to participate in order to create medications that are better suited to fit each person individually
- II. Regarding submitting an article to the STAT Newsletter:
 - A. Signed up to submit an article about being a younger board member with the STAT editor

COMMITTEE REPORTS

BTN- KRISTINA FANOS

Highlights of the report include the following:

- I. General first aid kit- created a list of materials needed:
 - Band aids, Alcohol Swabs, Adhesive Tape, Safety Pins, Latex Gloves, Gauze Pads, Hand Sanitizer etc.
- II. Contacted Ocean Avenue Elementary School, Harley Avenue, Norwood Ave School, Girl scouts in Commack, Boy scouts in Northport
- III. Emailed Johnson & Johnson for donations
- IV. Reached out to the NSNA BTN Director VIA email

BYLAWS & RESOLUTIONS - Jessica Allen

Highlights of the report include the following:

- I. Edited policy and procedures handbook. Compared handbook received at NSANYS conference with the one we had on file in a word document and added any changes/revisions.
- II. Resolutions committee will be meeting to go through the monthly schedule regarding planning and completing the resolution. We will be following the schedule that Rosa followed. The meeting is to inform the committee on what resolutions is all about, and what we will be doing throughout the year.
- III. Resolutions Committee spoke during the NSNA convention and we will be writing a resolution about something in the field of oncology. We will further be discussing idea at our meeting next week.
- IV. Bylaws Committee committee will be having meetings next week

COMMUNITY HEALTH - CASSANDRA SKULA

Highlights of the report include the following:

- I. Reached out to mental health industries throughout Long Island to volunteer to speak at our May event. Have some potential speakers but no definite answers yet.
- II. Made aware I have to get a permit for Eisenhower park which will be done either before or after the convention. Will be going on Monday, April 22nd.
- III. Received emails from students who would like to volunteer at this event. -Get some displays ready which students will help me with. Made a flier and sign up sheet.
https://docs.google.com/forms/d/e/1FAIpQLSe3gaPz1kJYAaPgbyw63fhUoa9JbjwF_0sMuYVrBmHfWrw7vw/viewform?usp=sf_link
- IV. Sent out a doodle poll for Community Health Committee

COMMUNICATIONS - ALYSSA TRILLANA

Highlights of the report include the following:

- I. Social Media:
 - A. Posts on Instagram & Facebook: NSNA Convention (Thanks to Melannie & Jessica), Mental Health event, April Awareness Month, Motivational Monday
 - B. As of April 18:
 1. Instagram followers: 366
 2. Facebook likes: 1,288

C. Future: Awards pictures (still need to decipher which picture is what in order to post it), NCLEX questions

II. Website:

- A. Updated main page to feature NSNA Convention pictures
- B. Updated side posts of the main page to include STAT newsletter and April awareness month
- C. Updated NSNA Annual Convention tab to include all the pictures of the Convention
- D. Created an Awards subpage under NSNA Annual Convention to showcase all of NSANYS awards won at this year's convention

III. Email Blast

- A. Created templates
 - a. NSNA Annual Convention
 - b. Awards from the convention
 - c. STAT flyer
 - i. President's STAT
 - d. Online Store
 - e. Events from other board members
 - i. Community Health
 - 1. Created flyer + photo consent form
 - ii. Breakthrough to nursing

STAT NEWSLETTER - EMILIA SALAZAR

Highlights of the report include the following:

- I. Spring Article submission: Has been extended to May 17th.
 - A. If anyone wants to write about a topic not listed in the Stat Issue sign up sheet or if there is a topic that overlaps but you really want to write about it, first send me an email before writing your article.
 - B. Followed up with three nursing students who contacted me in regards to writing for the Newsletter!
 - C. Completed my Letter from the Editor and wrote an article on Nursing Research for Newsletter.
 - D. Looked at what Nursing Specialties have been written about in the past, so that they are not repeated in coming newsletters and added this information to the Stat Issues sign up sheet.
- II. Will be having Stat Committee meeting next week to discuss potential topics for the fall newsletter that will encourage more nursing students to read and write for the newsletter.

REGIONAL DIRECTOR REPORTS:

REGIONAL DIRECTOR CHAIR/ WESTERN REGIONAL DIRECTOR - CONNOR O'SULLIVAN

Highlights of the report include the following:

- I. Had RD meeting at convention.
- II. Emails send promoting the NSNA Summer Leadership Conference
- III. All RD's following up with their schools they meet at convention
- IV. Pace, LIU Brooklyn and Farmingdale panel presentations are being scheduled for Fall 2019
- V. All RD's send out email promoting apparel
- VI. Sent Max NSNA April membership list for COSL

CENTRAL REGIONAL DIRECTOR - MAX AMESTEGUI

Highlights of the report include the following:

- I. NSNA list - 14 members - 6 Utica Members
- II. 4/8 - convention recap & May community health event email
- III. 4/22 - COSL email prepped for students in region from NSNA list. Gauge interest early before NSNA summer leadership email
- IV. Got a new lead for SUNY Binghamton

NORTHEAST REGIONAL DIRECTOR- JESSICA RODRIGUEZ

Highlights of the report include the following:

- I. Sent out another round of emails (received out of office replies - so the emails are active and being received): Convention, April Broadcast, STAT involvement and May event update - CC'd Connor
- II. Emailed the "leaders" from Max's list while at convention and before arrival
- III. Next email will cover the Leadership Conference
- IV. Currently working on the STAT article for the spring edition

MID-HUDSON REGIONAL DIRECTOR- OLENA TROJANOWSKI

Highlights of the report include the following:

- I. Sent out emails to all schools about NSNA Summer Leadership conference
- II. Emailed the students from Pace that I met at the convention. Talking about total school membership
- III. Emailed the leaders from Max's list as well
- IV. Completed the S2 report for March
- V. Will be sending another email soon about students participating in STAT

METROPOLITAN REGIONAL DIRECTOR- OLIVIA RUSSELL

Highlights of the report include the following:

- I. Emailed students from Max’s list
- II. Emailed all my schools about NSNA Summer Leadership Conference, no responses
- III. Will send out another email once the registration link is live
- IV. Got in touch with Hunter students, updated contact list
- V. Got in touch with LIU Brooklyn President and VP, setting up a site visit and panel in the fall to promote membership and event attendance

LONG ISLAND REGIONAL DIRECTOR- ARIANNA CAVALLINO

Highlights of the report include the following:

- I. Sent out emails to all my schools and informed them about NSNA Summer Leadership conference and also on the NSANYS Yoga/Meditation event.
- II. I updated the student leaders list on the drive from the Long Island nursing student leaders I met at convention.
- III. In the process of starting to plan out visiting schools in the fall to do presentations with other regional directors about NSNA ,the benefits, providing info on becoming a chapter to those schools who are not, also going over how to increase membership, and the great opportunities becoming a member brings.

GENESEE VALLEY REGIONAL DIRECTOR- MELANNIE LOPEZ

Highlights of the report include the following:

- I. Emailed all the schools in my region and am still waiting for a reply

8. ANNOUNCEMENTS

- A. All to submit formal reports to Secretary by conclusion of meeting
- B. Next meeting is specific to convention planning and convention locations

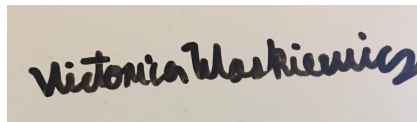
9. NEW BUSINESS: none

10. ADJOURNMENT

The meeting was adjourned by President, Jessica Alvarado at 9:29 PM



Jessica Alvarado, President



Victoria Waskiewicz, Secretary