



NURSING STUDENTS' ASSOCIATION OF NEW YORK STATE



Nursing Students' Association of New York State (NSANYS)

***August 2024
Email Blast***

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Mark Your Calendars!

FROM THE **STARTING GATE**

Empowering
and Engaging
the Future
Nurse Leaders
of **TOMORROW**



National Student Nurses' Association

42nd MIDYEAR CONFERENCE

October 31 to November 3, 2024

Kentucky International Convention Center
Louisville, KY



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2024 COSL

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NURSING STUDENTS' ASSOCIATION OF NEW YORK STATE



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Let's Practice!

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THE NURSE IS TAKING THE HEALTH HISTORY OF A PATIENT BEING TREATED FOR EMPHYSEMA AND CHRONIC BRONCHITIS. AFTER BEING TOLD THE PATIENT HAS BEEN SMOKING CIGARETTES FOR 30 YEARS, THE NURSE EXPECTS TO NOTE WHICH ASSESSMENT FINDING?

- A. INCREASE IN FORCED VITAL CAPACITY (FVC)
- B. A NARROWED CHEST CAVITY
- C. CLUBBED FINGERS
- D. AN INCREASED RISK OF CARDIAC FAILURE

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A FEMALE PATIENT WITH ATRIAL FIBRILLATION HAS THE FOLLOWING LAB RESULTS: HEMOGLOBIN OF 11 G/DL, A PLATELET COUNT OF 150,000, AN INR OF 2.5, AND POTASSIUM OF 2.7 MEQ/L. WHICH RESULT IS CRITICAL AND SHOULD BE REPORTED TO THE PHYSICIAN IMMEDIATELY?

- A. HEMOGLOBIN 11 G/DL
- B. PLATELET OF 150,000
- C. INR OF 2.5
- D. POTASSIUM OF 2.7 MEQ/L



The Answers are....

ANSWER: CLUBBED FINGERS

Clubbed fingers are a sign of a long-term, or chronic, decrease in oxygen levels.

A patient with COPD would have a decrease in FVC. Although a patient with these conditions would indeed be at an increased risk for cardiac failure, this is a potential complication and not an assessment finding. A patient with COPD often presents with a 'barrel chest,' which is seen as a widened chest cavity.

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ANSWER: POTASSIUM OF 2.7 MEQ/L

A potassium imbalance for a patient with a history of dysrhythmia can be life-threatening and can lead to cardiac distress.

The hemoglobin is below normal, but a normal female hemoglobin is 12-14.

The platelet count is also below the normal values, but is not the most critical lab result. The INR is a therapeutic range for a patient who is taking an anticoagulant for atrial fibrillation



Request a Field/Video Visit

Are you interested in having an NSANYS Regional Director make a field visit to your local chapter to speak on the benefits of an NSNA membership? The purpose of a visit would be to help facilitate the creation of a local chapter or build membership numbers and more! If we cannot make it to your school, we will happily set up a video call during your meeting to speak to your school! Email the Regional Director Chair/NEC, Chris Garcia, at nec.nsanys@gmail.com

American Nurses Association Student Subscription:

Members of the National Student Nurses Association (NSNA) can become Student Subscribers for free!

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Welcome TO THE PROFESSION KIT



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reading!***

***Hope to see you next
month!***

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