



Nursing Students' Association of New York State 2019-2020

August Formal Meeting

Date: July 6th, 2019 at 7:00 PM

Location: Zoom Conference Call

1) Call to Order

a) The monthly meeting of the Board of Directors of the Nursing Students' Association of New York State was called to order at 6:50 PM by President, Jessica Alvarado.

2) The Roll: The roll was called by Vice President, Aniko Radnics.

**Present:**

1. President - Jessica Alvarado
2. Co-Vice President- Aniko Radnics
3. Co-Vice President - Nicholas Salvatore
4. Treasurer - Jillian Dempsey
5. Communications Director - Alyssa Trillana
6. STAT Editor- Emilia Salazar
7. Policy & Education Director - Jessica Allen
8. Community Health Director- Helen Pham
9. Regional Director Chair - Connor O'Sullivan
10. ANA NY Consultant- Dr. Graham
11. Faculty Consultant- Larry Slater
12. Special Consultant- Katelyn Finnegan
13. Presidential Advisor- Giselle Melendez

**Auxiliary Board Present:**

1. Genesee Valley – Melannie Lopez
2. Long Island -- Arianna Cavallino
3. Western – Connor O' Sullivan

**Absent:**

1. Metropolitan – Olivia Russell
2. Northeast – Jessica Rodriguez
3. Central – Max Amestegui
4. Secretary - Victoria Waskiewicz
5. Breakthrough to Nursing - Kristina Fanos
6. Mid-Hudson - Olena Trojanowski

President, Jessica Alvarado declared a quorum present (8 members)

#### **PRESIDENT’S REPORT – JESSICA ALVARADO**

- I. COSL
  - A. Push PR
  - B. Sign up on agenda if you can attend
- II. STAT
  - A. Contribute article(s)
- III. Committees
  - A. Utilize the members on your committee
- IV. Convention 2020
  - A. Career Readiness breakout- Ellen Lorenz
  - B. Peri-op breakout- Ellen Lorenz
- V. Communication
  - A. You must notify the board if you will be away unavailable for more than 2 days.

#### **VICE PRESIDENT’S REPORT - NICHOLAS SALVATORE AND ANKIO RADNICS**

- I. 2020 Convention Planning
  - a.) Donna Cardillo has been finalized as the keynote speaker
  - b.) Meetings of the convention planning committee will be held to discuss specifics and then these may be presented to the board as a whole
  - c.) PR and hashtags are being discussed as a way to spread the word about convention

#### **TREASURER'S REPORT – JILLIAN DEMPSEY**

- I. Tax update
  - a.) Received 990-EZ from the accountant
  - b.) had some corrections made regarding up to date addresses, contact information, and board members.
  - c.) The corrected copy will be reviewed and filing will be set for this year .
- II. Keynote speaker

a.) A check was written for the \$1,250.00 deposit to keynote speaker, Donna Cardillo, and it has been received and cashed.

### III. Bank Account Totals (As of this meeting)

1. Checking: \$14,912.54
2. Saving: \$47,402.80
3. Total: \$62,315.32

### **SECRETARY'S REPORT - VICTORIA WASKIEWICZ**

N/A

### **COMMITTEE REPORTS**

#### **BTN- KRISTINA FANOS**

##### I. General Reminders

- a.) Emailed the boy and girl scouts regarding btn workshop dates for October
- b.) Btn committee is currently deciding on a new workshop idea for next semester.

#### **COMMUNITY HEALTH- HELEN PHAM**

##### I. AUGUST

- a.) National Immunization Awareness Month
  - 1a.) Post 8/1
  - 2a.) Posting factual content on our social media
- b.) Breastfeeding Awareness Month
  - 1b.) Post 8/15
  - 2b.) Posting factual content on our social media

##### II. SEPTEMBER/OCTOBER

- a.) Fall awareness walks at Jones Beach...to be TBA
- b.) Hoping to set up an NSANYS table for BP screenings, etc.
- c.) Will make PR for awareness walks for areas like NYC and upstate to accommodate members not on Long Island.

##### III. OCTOBER

- a.) COSL: 2nd Annual Prescription Bottle Drive  
Benefiting Matthews 25: Ministries in Ohio  
Main in-person collection at COSL in October  
Would like to also advertise/encourage local chapters to hold their own prescription bottle drives.
  - 1a.) Can email me to schedule a pick up from NSANYS member or they can mail off to PO box.

- b.) Planning to ship off: December/end of semester
- IV. NOVEMBER
- a.) Narcan Training
    - No cost
    - Any level nursing student
    - For all NSANYS members
    - Registration via google form
    - Possibility of opening up to community/non-nsanys members if space allows
    - Venue: TBD

#### **BYLAWS & RESOLUTIONS - JESSICA ALLEN**

- I. Resolutions
  - a.) Resolution topic was presented to the board and passed the formal vote.
  - b.) Resolution is titled as: “IN SUPPORT OF INCREASED EDUCATION FOR PALLIATIVE CARE TREATMENT OPTIONS IN SELF DETERMINING ONCOLOGY PATIENTS”

#### **COMMUNICATIONS - ALYSSA TRILLIANA**

- I. Social Media
  - a.) Posts on Instagram & Facebook
    - 1a.) July BTN Workshop Reminder + Sign-up Link (7/2019)
    - 2a.) BTN workshop pictures (7/2019)
    - 3a.) Featured Friday (7/2019)
    - 4a.) Motivational Monday (7/2019)
    - 5a.) COSL Reminder (7/2019)
    - 6a.) STAT Newsletter (7/2019)
    - 7a.) Promoted UV Awareness Campaign x2 (7/2019)
    - 8a.) Updated pictures on website’s slideshow
    - 9a.) Posted NSNA Summer Leadership Conference reminders (story + post) x2 (7/2019)
    - 10a.) Posted UV Awareness Campaign (7/2019)
    - 11a.) Posted Bear Mountain (7/2019)
    - 12a.) Posted August Health Month (8/2019)
    - 13a.) Posted COSL reminder (8/2019)
  - Future goals

14a.) Will continue to engage followers through stories, motivational posts, etc.

## II. Website

- a.) Updated all STAT flyers to the summer edition + provided link to STAT requirements (7/2019)
- b.) Updated slideshow to include relevant photos / removed irrelevant flyers (7/2019)
- c.) Uploaded June formal meeting minutes (7/2019)
- d.) Uploaded BTN July workshops onto the BTN events subpage (7/2019)
- e.) Updated new Community Health bio + picture (7/2019)
- f.) Fixed headshots on NSANYS website (7/2019)
- g.) Uploaded e-blast onto website (8/2019)
- h.) Updated 68<sup>th</sup> Annual Convention to include relevant information (date, location, keynote speaker) (8/2019)
- i.) Updated slideshow to include relevant information (8/2019)

## I. Email Blast

- a.) August's E-blast includes...
  - 1a.) August Health Month
  - 2a.) July's BTN events
  - 3a.) NSNA Summer Leadership Conference
  - 4a.) Bear Mountain photos
  - 5a.) Summer STAT Newsletter deadline
  - 6a.) COSL
  - 7a.) Donna Cardillo as our Keynote Speaker for convention
- IV. General Reminders
  - a.) Created an NYC itinerary for Nevada State College's Community Event Coordinator (7/2019)

## **STAT NEWSLETTER - EMILIA SALAZAR**

### I. Summer Newsletter

- a.) The deadline to submit an article is August 24th at 11:59 PM

b.) At the NSNA leadership event a few NY students expressed interest in writing for the newsletter, contact information was both given and received. Responses are being waited on and all will be contacted again if a response is not received after this coming week.

c.) I will be attending the CUNY Retreat, where I am hoping to meet nursing students from other CUNY schools, since student leaders from all CUNY schools will be attending, so I will inform them about NSANYS and the newsletter.

d.) One article has been edited. It would be advised that any board members submitting an article submit it a good few days before the due date and not the day before. This would allow more time for reviewing and citations.

## II. STAT Committee

a.) The STAT committee could not find a time/day that worked for all so an agenda was created and all the stat committee members will give their feedback on the topics provided.

b.) One topic will require the participation of the whole board, so a reminder will be given. we want to encourage Nursing students to run for our positions, so all of us should inform the students on why they should run for our positions respectively from our perspectives and put it in the summer newsletter. There are a lot of positions, and we don't want to overwhelm the students, so every position should have a limit of two sentences, but this is still to be discussed with our STAT committee and all will be informed when that happens.

## **REGIONAL DIRECTOR REPORTS:**

### **REGIONAL DIRECTOR CHAIR/ WESTERN REGIONAL DIRECTOR - CONNOR O'SULLIVAN**

#### I. Regional Directors Meeting

a.) A doodle poll is being sent out regarding a meeting of the regional directors

#### II. General Reminders

a.) All regional directors have been sending their emails out

b.) Helen Pham has been appointed as the new community health director

### **CENTRAL REGIONAL DIRECTOR - MAX AMESTEGUI**

#### I. Networking

a.) Sent out emails regarding upcoming NSANYS events and the STAT newsletter

b.) Sent follow up emails as needed

#### II. General Reminders

a.) Bear mountain hiking trip was a success

### **NORTHEAST REGIONAL DIRECTOR- JESSICA RODRIGUEZ**

#### I. Networking

a.) Sent out another round of emails regarding the summer leadership conference, the first aid workshop, the July newsletter, the STAT articles, Bear Mountain event, and COSL - still no responses.

#### **MID-HUDSON REGIONAL DIRECTOR- OLENA TROJANOWSKI**

I. Networking

a.) Sent out another round of emails regarding the summer leadership conference, the community health position, COSL, and the first aid workshop.

II. Mercy College (Upstate)

a.) continuing to talk to students at Mercy College regarding starting a local chapter

#### **METROPOLITAN REGIONAL DIRECTOR- OLIVIA RUSSELL**

I. Networking

a.) Sent out summer leadership conference and COSL reminder

b.) Sent out new board position update

c.) Sent out e-mail about bear mountain and first aid

d.) Sent out e-mail about summer stat newsletter

e.) No responses yet

#### **LONG ISLAND REGIONAL DIRECTOR- ARIANNA CAVALLINO**

I. General Reminders

a.) Sent out emails about the Bear mountain hike before the hike.

b.) Emailed the director north from NSNA to find out more information on total school enrollment.

c.) Sent out survey email to my schools that max sent.

d.) Going to start contacting Long Island Student nursing associations for site visits in the fall.

e.) Calling schools before the fall to update contact list.

f.) Going to send out emails about COSL

#### **GENESEE VALLEY REGIONAL DIRECTOR- MELANNIE LOPEZ**

I. Networking

a.) Sent out another round of emails mentioning the open Community Health position on Board.

b.) Followed up again with an Assistant Professor of Nursing at Keuka College in Keuka Park, NY, who was interested in starting up a chapter. Waiting for her response.

- c.) Will send out another round of emails containing information from Bear mountain trip and first aid workshop.
- d.) working on personalizing emails containing important upcoming dates

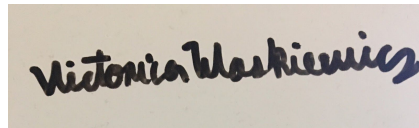
8. **ANNOUNCEMENTS**

- A. All to submit formal reports to Secretary by conclusion of meeting
- B. All deadlines must be followed accordingly

9. **NEW BUSINESS:** none

10. **ADJOURNMENT**

The meeting was adjourned by President, Jessica Alvarado at 8:00 PM

A rectangular box containing a handwritten signature in black ink that reads "Victoria Waskiewicz".

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Jessica Alvarado, President

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Victoria Waskiewicz, Secretary