



Nursing Students' Association of New York State 2019-2020

June Formal Meeting

Date: June 13th, 2019 at 8:00 PM

Location: Zoom Conference Call

1) Call to Order

a) The monthly meeting of the Board of Directors of the Nursing Students' Association of New York State was called to order at 8:00 PM by President, Jessica Alvarado.

2) The Roll: The roll was called by Secretary, Victoria Waskiewicz.

**Present:**

1. President - Jessica Alvarado
2. Co-Vice President- Aniko Radnics
3. Co-Vice President - Nicholas Salvatore
4. Secretary - Victoria Waskiewicz
5. Treasurer - Jillian Dempsey
6. Communications Director - Alyssa Trillana
7. STAT Editor- Emilia Salazar
8. Breakthrough to Nursing - Kristina Fanos
9. Regional Director Chair - Connor O'Sullivan
10. ANA NY Consultant- Dr. Graham
11. Presidential Advisor- Giselle Melendez

**Auxiliary Board Present:**

1. Western – Connor O' Sullivan
2. Northeast – Jessica Rodriguez
3. Mid-Hudson - Olena Trojanowski
4. Central – Max Amestegui
5. Genesee Valley – Melannie Lopez
6. Long Island -- Arianna Cavallino
7. Metropolitan – Olivia Russell

**Absent:**

1. Policy & Education Director - Jessica Allen
2. Community Health Director - Cassandra Skula
3. Faculty Consultant- Larry Slater
4. Special Consultant- Katelyn Finnegan

President, Jessica Alvarado declared a quorum present (8 members)

**BYLAWS REVIEW:**

- I. Board of Directors
  - a.) Responsibilities of the board

**PRESIDENT’S REPORT – JESSICA ALVARADO**

Highlights of the report include the following:

- I. NSNA Summer Leadership Conference
  - a.) The link to register is currently live
  - b.) All board members are encouraged to attend
  - c.) The event will take place on Friday July 26th from 8AM to 4PM at NYU
- II. Costl
  - a.) The event will take place on October 26th in conjunction with ANA
  - b.) PR has been created by the communications director but signatures will be sent in an email as well
  - c.) Signatures can be used to purchase a ticket for the event
  - d.) One student from every school will be reimbursed
- II. General Reminders
  - a.) The New Jersey state president served as a guest for this meeting
  - b.) If any member did not attend the mental health event, they must attend one of the upcoming BTN events (Promotions are on social media and a google link is available by request)
  - c.) If any board members did not contribute to the spring STAT newsletter they are advised to contribute to the summer issue
  - d.) Thanks is extended to all who participated in the palliative conference or the mental health event
  - e.) Volunteers are still needed for the mental health awareness video
  - f.) President, Jessica Alvarado and Co-Vice President, Nicholas Salvatore attended a NACLI event and are willing to share their new found knowledge with the NSANYS board (A \$500 scholarship was donated that will be used at convention)
  - g.) The next NACLI business meeting will be held at Adelphi in September. There is a \$10 cost to attend and it is highly recommended for local students
  - h.) The NACLI centennial gala will be held on October 17th and is \$130 per attendee
  - i.) A good number of board members attended the recent ANA webinar titled “What every nurse needs to know and do about workplace violence”
  - j.) Nurses Night for the NY Yankees will be held in the week following this meeting

- k.) Any email blasts or emails sent by regional directors must be personalized
- l.) All committee chairs should be taking a look at the NSNA award guidelines and deadlines
- m.) A hiking trip for students is in the planning stage

### **VICE PRESIDENT'S REPORT - NICHOLAS SALVATORE AND ANKIO RADNICS**

Highlights of the report include the following:

- I. 2020 Convention Planning
  - a.) A very successful convention planning committee meeting recently occurred
  - b.) A convention theme poll and keynote speaker poll have been created and should be filled out by the board promptly
  - c.) Theme options include “Shaping the Future of Nursing”, “Making a Change” and “Innovators of Nursing”
  - d.) Keynote speaker options include Donna Cardillo and Sandy Sommers (each of their websites are linked to the poll)
  - e.) The keynote speech will be tailored to the chosen theme
  - f.) Sandy Sommers asked for a \$3,300 fee which can be negotiated
  - g.) Donna Cardillo is much more flexible with pricing (Could be lower than \$3,000) and has more name recognition
  - h.) Any changes to the convention budget must be approved
  - i.) All board members are free to do their own research regarding keynote speakers
  - j.) A lot of planning was done regarding exhibitors
  - k.) The Oncology Nursing Association of Long Island would be a possible exhibitor
  - l.) Exhibitors will hopefully be in contact soon
  - m.) Exam strategies will take place instead of NCLEX review with a recognized instructor
  - n.) The budget will probably need to be revised
  - o.) Exhibitor displays and costs are being revised
  - p.) A plaque will be presented to our big sponsors and platinum exhibitors
  - s.) Sponsorships are being expanded
- II. General Reminders
  - a.) Vice President, Nicholas Salvatore also attended the NACLI event and will be partnering for a sponsorship
  - b.) All board members are encouraged to attend the next NACLI meeting in September

### **TREASURER'S REPORT – JILLIAN DEMPSEY**

Highlights of the report include the following:

- I. General Reminders
  - a.) The IRS was contacted regarding tax exempt status
  - b.) Finance help from NSNA was contacted and a new agreement may be filed
  - c.) All documents needed for tax filing have been compiled and sent to Trinity Tax
  - d.) The Eventbrite information is in the process of being transmitted

### **SECRETARY'S REPORT - VICTORIA WASKIEWICZ**

Highlights of the report include the following:

- I. General Reminders

- a.) Sent out an email regarding a trip overseas on July 14th
- b.) Vice President, Aniko Radnics will be taking over regarding any secretary duties that cannot be fulfilled during the time period (will be in contact through facetime)
- c.) Attended the mental health event in June

## **COMMITTEE REPORTS**

### **BTN- KRISTINA FANOS**

Highlights of the report include the following:

- I. BTN Project
  - a.) Two events will be taking place in the near future and Roosevelt Headstart and Manhasset Headstart for the first group of children
  - b.) Board members have been provided with the link to sign up as a volunteer opportunity
  - c.) A project may take place at Long Island Regional Director, Arianna Cavalino's Day Camp during the month of July
- II. General Reminders
  - a.) Donations from Dr. Graham were received

### **BYLAWS & RESOLUTIONS - JESSICA ALLEN**

Highlights of the report include the following:

- I. Bylaws Committee
  - a.) Pages 13-23 of the Bylaws have been reviewed since the last committee meeting was held
  - b.) Any feedback regarding the following sections is greatly appreciated: Article 6, NSNA Annual Meetings; Section A, School Chapter Constitutes; Page 17 and Article 8 regarding consultants on Page 21
  - c.) The most current version of the bylaws is linked in the meeting agenda
- II. Resolutions Committee
  - a.) Research is being done about potential topics for the 2020 resolution
  - b.) The most information has been found about the financial strain on families during cancer treatments
  - c.) All ideas are still being researched and are subject to change
  - d.) All ideas will be further discussed within the resolutions committee
  - e.) Any further information or ideas regarding the field of oncology can be emailed to Jessica Allen directly

### **COMMUNITY HEALTH - CASSANDRA SKULA**

Highlights of the report include the following:

- I. Mental Health Event for May
  - a.) The event went very well; many board and community members were able to attend

- b.) The event was a success and a Thank You is extended to all who helped
  - II. June Men's Health Event
    - a.) The script for the men's health video has been sent out. Any participation is encouraged.
    - b.) The deadline to submit a clip is June 15th
      - c.) Regional Directors sent out invitations and consent forms regarding the video to students in their regions
  - III. July Event
    - a.) A blood pressure, vision and sleep apnea screening will be held in NYC
  - IV. August Event
    - a.) A resume building workshop will be taking place at a homeless shelter
    - b.) A printer may be needed
  - V. General Reminders
    - a.) A doodle poll has been set up for the Community Health committee to have its next meeting

#### **COMMUNICATIONS - ALYSSA TRILLANA**

Highlights of the report include the following:

- I. Communications Committee
  - a.) The last meeting took place two weeks ago where apparel was supposed to be presented but this was held off
- II. General Reminders
  - a.) This past month included a lot of collaborations with other board members
  - b.) The NSANYS website has recently been updated
  - c.) If there are any submissions for the July Eblast please submit them directly to Alyssa

#### **STAT NEWSLETTER - EMILIA SALAZAR**

Highlights of the report include the following:

- I. General Reminders
  - a.) The first newsletter has been published and a big Thank You is extended to all who have submitted an article
  - b.) A follow up email has been sent to all students outside of NSANYS who have submitted an article to inform them of their publication
  - c.) The budget is not in place to print copies of the newsletter
  - d.) The deadline for the summer newsletter is August 3rd at 11:59PM
  - e.) The status of all article submissions can be checked

#### **REGIONAL DIRECTOR REPORTS:**

#### **REGIONAL DIRECTOR CHAIR/ WESTERN REGIONAL DIRECTOR - CONNOR O'SULLIVAN**

Highlights of the report include the following:

- I. Regional Directors Meeting
  - a.) A doodle poll is being sent out within the next week regarding meeting planning

- II. Networking
  - a.) All regional directors have been sending out their emails and CCing Connor
  - b.) Helen Pham has requested to meet regarding the election process
- III. General Reminders
  - a.) A few schools have been contacted regarding total enrollment

**CENTRAL REGIONAL DIRECTOR - MAX AMESTEGUI**

Highlights of the report include the following:

- I. Networking
  - a.) Emails were sent out to all students in the region regarding the men's health video with scripts and consent forms attached (Cassandra's email was also attached)
  - b.) A follow-up email regarding the NSNA summer leadership conference was sent out
  - c.) Another email has been scheduled regarding summer leadership
  - d.) Calling school representatives is recommended regarding creating an updated caller list
- II. General Reminders
  - a.) Planning for the Bear Mountain trip is currently in progress
  - b.) A doodle poll has been sent out regarding date and time
  - c.) All students are encouraged to attend

**NORTHEAST REGIONAL DIRECTOR- JESSICA RODRIGUEZ**

Highlights of the report include the following:

- I. Networking
  - a.) All emails were sent out regarding the leadership conference and mens health video/seminar

**MID-HUDSON REGIONAL DIRECTOR- OLENA TROJANOWSKI**

Highlights of the report include the following:

- I. Networking
  - a.) Sent another round of emails regarding the summer leadership conference and men's health video
  - b.) Progress has been made regarding contact with Pace University regarding total school membership
- II. Mercy College (Upstate)
  - a.) Speaking with the president about starting a chapter

**METROPOLITAN REGIONAL DIRECTOR- OLIVIA RUSSELL**

Highlights of the report include the following:

- I. Networking

- a.) Sent out emails regarding the men's health video with a script attached
- b.) A follow-up email regarding the NSNA summer leadership conference was sent out
- c.) A site visit to one of the regional schools is being planned

**LONG ISLAND REGIONAL DIRECTOR- ARIANNA CAVALLINO**

Highlights of the report include the following:

- I. Networking
  - a.) Sent out emails regarding the NSNA leadership conference and BTN events with some replies
  - b.) Sent out emails regarding the men's health video
- II. General Reminders
  - a.) Working with the BTN director to host another event in either July or August
  - b.) Reminding all to send out the link for Nurses Night

**GENESEE VALLEY REGIONAL DIRECTOR- MELANNIE LOPEZ**

Highlights of the report include the following:

- I. Networking
  - a.) Sent out a round of emails regarding the men's health video
  - b.) Followed up on emails from the previous term and got in contact with an assistant professor
  - c.) Another email will be sent out regarding any current status changes
- II. General Reminders
  - a.) Reached out to Kaplan regarding a scholarship for the 2020 convention

**8. ANNOUNCEMENTS**

- A. All to submit formal reports to Secretary by conclusion of meeting
- B. Vote for convention polls in a timely manner

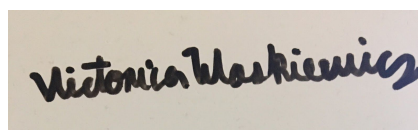
**9. NEW BUSINESS:** none

**10. UNFINISHED BUSINESS:**

- a.) Secretary, Victoria Waskiewicz motioned to approve the minutes from March, April, and May. All in favor, none opposed. Co-Vice President, Aniko Radnics seconded the motion

**10. ADJOURNMENT**

The meeting was adjourned by President, Jessica Alvarado at 9:33 PM

A rectangular box containing a handwritten signature in black ink that reads "Victoria Waskiewicz".

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Jessica Alvarado, President

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Victoria Waskiewicz, Secretary