



NURSING STUDENTS' ASSOCIATION OF NEW YORK STATE



# Nursing Students' Association of New York State (NSANYS)

*November 2024  
Email Blast*

[If you are unable to view the contents  
of this e-blast, click here](#)



**OUR BOD MEMBERS ATTENDED THE NSNA MIDYEAR CONVENTION...**

**THE CONVENTION WAS A HIT!**





**NURSING STUDENTS'  
ASSOCIATION OF  
NEW YORK STATE**

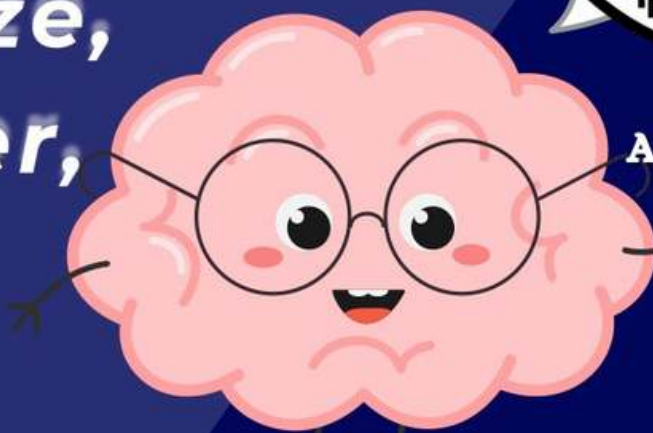
# **NSANYS 73RD ANNUAL CONVENTION**

Date: Saturday, February 15, 2024  
8AM - 6PM  
Venue: Hilton Long Island/  
Huntington  
Address: 598 Broadhollow Rd,  
Melville, NY 11747



**TICKETS  
AVAILABLE NOW!**

## **Mindful Medicine: Revitalize, Empower, Serve**



**MORNING KEYNOTE  
SPEAKER:**



**DR. MERCY NGOSA MUMBA,  
PHD, RN, FAAN**

**AFTERNOON KEYNOTE  
SPEAKER:**



**JOSEPHINE AGYEI, BSN, RN**



NURSING STUDENTS' ASSOCIATION OF NEW YORK STATE



# MARK YOUR CALENDARS...

  
National Student Nurses' Association

**Nursing's  
Brightest  
Beacons**

**Ignite  
Innovate  
Lead**

**73rd  
Annual  
Convention**

April 9-13, 2025  
Seattle Convention Center | Arch  
Seattle, WA

*The NSNA 73rd annual convention  
is April 9-13, 2025!*



You're more than a  
dedicated nursing student.

You're one of the  
best and brightest.

That's why we're honored to invite you to  
Stony Brook Medicine's Nursing Career Expo:

## PATHWAYS TO CARE

### EVENT DETAILS

As you approach graduation and the start of  
your nursing journey, we're honored to invite you to  
Stony Brook Medicine's Nursing Career Expo.

Wednesday, January 15  
11 am - 4 pm

Wang Center, Stony Brook University Campus  
100 Circle Road, Stony Brook

**RSVP**

by Wednesday, January 8



Stony Brook  
Medicine

You'll get a true sense  
of what it means to be a  
Stony Brook nurse.

**THE SUPPORT.  
THE CAMARADERIE.  
THE WARMTH.**

### OUR EXPO IS DIFFERENT BECAUSE STONY BROOK IS DIFFERENT.

At our event, you'll talk with our leadership team  
and nurses who can give you true insight into what  
it's like to work at Stony Brook.

- **Greet and (actually) Meet.** Nurse managers from units across our system can't wait to meet you, talk to you and understand what you want for your career.
- **Learn About Specialized Units.** No matter your area of interest – ICU, Pediatrics, Surgical, Maternity or another area – you'll get a clear picture of our specialties.
- **Chart Your Career.** By speaking with our team, you'll find guidance in charting your future and learn how Stony Brook supports your ambitions.

We truly hope to see you at **PATHWAYS TO CARE**  
and to welcoming you to Stony Brook.

Please note that space is limited and seats are filling up fast. **RSVP today.**  
Sincerely, Lynne Alba, MS, Director, Talent Acquisition, Stony Brook Medicine



# **STUDY** **RECRUITMENT!**

University of West Georgia  
EdD Student Dissertation

PLEASE SEE THE RECRUITMENT FLYER AND VIDEO TO LEARN ABOUT THE OPPORTUNITY TO PARTICIPATE IN THIS NURSING EDUCATION RESEARCH STUDY. QUALIFICATIONS INCLUDE:

- **TRADITIONAL BSN STUDENTS**
- **SECOND TO LAST OR LAST SEMESTER**
- **AT LEAST 18 YEARS OLD**

**kb00140@my.westga.edu**

**STUDY TITLE:**  
**SYSTEM FACTORS IN NURSING EDUCATION THAT  
IMPACT BSN STUDENTS' WELL-BEING: A QUALITATIVE  
DESCRIPTIVE STUDY. (IRB APPROVAL # 24-055)**



# **STAY HEALTHY DURING THANKSGIVING**

- **Don't skip on breakfast! Eat something small or healthy (low-fat yogurt, oatmeal, or some fruit) to keep you from eating too much later in the day.**
- **Keep your portions reasonable! Have a few bites of everything on your plate.**
- **Don't forget to have some physical activity or exercise!**

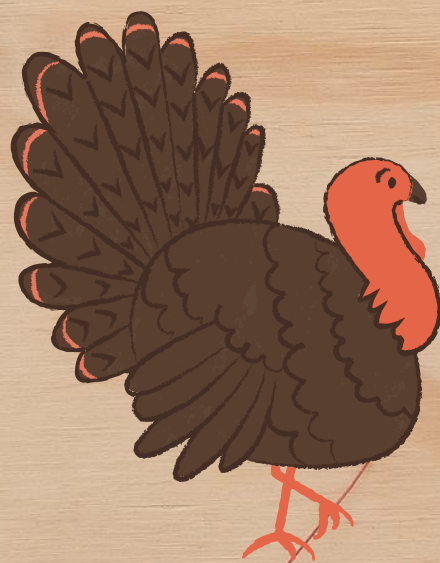
**Find out more ideas here!**



NURSING STUDENTS' ASSOCIATION OF NEW YORK STATE



**HAVE A HAPPY,  
HEALTHY & SAFE  
THANKSGIVING!**





## **Request a Field/Video Visit**

Are you interested in having an NSANYS Regional Director make a field visit to your local chapter to speak on the benefits of an NSNA membership? The purpose of a visit would be to help facilitate the creation of a local chapter or build membership numbers and more! If we cannot make it to your school, we will happily set up a video call during your meeting to speak to your school! Email the Regional Director Chair/NEC, Chris Garcia, at [nec.nsanys@gmail.com](mailto:nec.nsanys@gmail.com)

## **American Nurses Association Student Subscription:**

**Members of the National Student Nurses Association (NSNA) can become Student Subscribers for free!**

**STUDENT SUBSCRIBERS RECEIVE DIGITAL ACCESS TO THE FOLLOWING:**

- FULL ACCESS TO THE DIGITAL WELCOME TO THE PROFESSION KIT
- STUDENT NURSE ONLINE COMMUNITY
- FULL ANA POSITION AND POLICY PAPERS ON IMPORTANT NURSING ISSUES
- MEMBERS-ONLY CONTENT ON NURSINGWORLD.ORG
- ANA PUBLICATIONS SUCH AS AMERICAN NURSE TODAY, OJIN: THE ONLINE JOURNAL OF ISSUES IN NURSING AS WELL AS ANA SMARTBRIEF

**STUDENT SUBSCRIBERS**  **AMERICAN NURSES ASSOCIATION**

**YOUR SUCCESSFUL NURSING CAREER STARTS HERE**

Enjoy many ANA benefits including the Welcome to the Profession Kit and access to our exclusive online, interactive community for nursing students



*Welcome* TO THE PROFESSION KIT

The banner features a smiling woman with curly hair wearing a pink scrub top and a stethoscope. The text is overlaid on a light blue background with a subtle pattern.



***Thank you for  
reading!***

***Hope to see you next  
month!***

**Connect with us on Social Media:**

**(click on any icons in the header to be redirected)**

**Facebook: <https://www.facebook.com/NSANYS/>**

**Instagram: [@nsanys](https://www.instagram.com/nsanys)**

**For the list of Board of Directors Contact Information, [click here.](#)**