



Nursing Students' Association of New York State 2019-2020

October Formal Meeting

Date: October 6th, 2019 at 8:30 PM

Location: Zoom Conference Call

1) Call to Order

a) The monthly meeting of the Board of Directors of the Nursing Students' Association of New York State was called to order at 8:35 PM by President, Jessica Alvarado.

2) The Roll: The roll was called by Central Regional Director, Max Amestegui

Present

1. President - Jessica Alvarado
2. Co-Vice President - Nicholas Salvatore
3. Co-Vice President- Aniko Radnics
4. Treasurer - Jillian Dempsey
5. Breakthrough to Nursing - Kristina Fanos
6. Communications Director - Alyssa Trillana
7. STAT Editor- Emilia Salazar
8. Policy & Education Director - Jessica Allen
9. Regional Director Chair - Connor O'Sullivan
10. ANA NY Consultant- Dr. Graham
11. Faculty Consultant- Larry Slater
12. Special Consultant- Katelyn Finnegan
13. Presidential Advisor- Giselle Melendez

Auxiliary Board Present:

1. Western – Connor O' Sullivan
2. Metropolitan – Olivia Russell
3. Northeast – Jessica Rodriguez
4. Central – Max Amestegui
5. Mid-Hudson - Olena Trojanowski
6. Genesee Valley – Melannie Lopez

Absent:

1. Secretary - Victoria Waskiewicz
2. Community Health Director- Helen Pham

President, Jessica Alvarado declared a quorum present (8 members)

PRESIDENT’S REPORT – JESSICA ALVARADO

a.

I am serving on the NSNA COSP Planning Committee –East. My presentation is on Bylaws

b. COSL- Tentative COSL agenda linked.

i. Only items that I will be purchasing is folders, snacks, and refreshments. All other office supplies and give-a-ways will be repurposed from previous conventions

ii. group chat will be started for the six board members who are attending COSL to figure out car pooling.

c. Northwell Student Advisory Board- Tele-medicine and mock interviews seem to be popular. Add one more person for mock interviews totaling in 3 interviewees. Should we bring back tele-medicine in a hub room?

d. updated October S2 report= 3,954 members. Please make sure that you are encouraging NSNA membership

e. NACLI Centennial Gala- Thursday, October 17th if you are able to attend please let me know by 11:59pm on Friday, October 11th . NSANYS was provided two complimentary tickets.

f. I will follow up with pending sponsors for our upcoming convention: NACLI, ANA-NY, ProMed, LiveOnNY

g. The SNA President at CUNY Lehman asked me to speak at their first SNA meeting on 10/21/19 at 5:30pm.

VICE PRESIDENT’S REPORT - NICHOLAS SALVATORE AND ANKIO RADNICS.

I. SPONSORS/EXHIBITORS

a.) Confirmed with Contract:

i. The American Women’s College- Baypath University

ii. Bronze Package: Payment to be received within 30 days per Nafie Saba-Shapazian

iii. Received signed contract 9/20/19

iv. Confirm with Treasurer if received payment at 10/6 meeting

i. Excelsior College

- ii. Bronze package: Contract received 10/04
- iii. Eventbrite payment received 10/04
- i. Donna Cardillo - Keynote Speaker
- ii. Given complimentary table as part of speaking contract

b.) Unconfirmed but likely:

- i. SUNY Delhi- Informal Confirmation of Gold package purchase
- ii. Waiting on signed contract from Miriam at SUNY Delhi
- iii. ANA-NY
- iv. Offered a Bronze package table as part of Lanyard sponsorship, will be confirmed along with Lanyard sponsorship at ANA-NY conference October 26th, 2019

c.) Unconfirmed but made contact:

- i. University of Rhode Island-Only Platinum exhibitor from last year, stated interest in returning after initial email
- ii. Sent exhibitor packet/contract with updated pricing per request of Kate Flanders on 9/17/19
- iii. CUNY School of Professional Studies-Expressed interest in Platinum package, however inquired if eventbrite fees could be waived, informed them we cannot waive fees as decided by Finance Committee and sent them exhibitor packet 9/5/19

c.) Reached out with initial email:

- i. Johns Hopkins University
NursingABC
Bellevue University
UWorld
CPR123
Pace University.

d.) REGIONAL DIRECTORS SECOND OUTREACH

- i. Request the Regional Directors to send a second round of email blasts regarding convention sponsorship & exhibition
- ii. Making a change to convention email blasts going forward: Send emails with the sponsor/exhibitor information in the body of the email as opposed to sending an informational attachment.
- iii. New template will be sent to Regional Chair Connor O'Sullivan before end of meeting to forward to regional directors. Template contains explicit instructions to follow for sending.

e.) UPDATED SPONSORSHIP PROGRAM

- i. Currently updating sponsorship program with package levels similar to exhibitors
 - (1) Diamond level package
 - (2) Platinum Level packages
 - (3) Gold Level package
- i. Diamond level will be Lunch sponsorship (our most expensive)
- ii. Platinum will be technology & breakfast sponsorships

iii. Gold will constitute smaller items: booklet printing, keynote speaker, bags, padfolios, pens/notebook

f.) Confirmed sponsored give-aways

- i. Raffle prizes and 300 stickers NRSNG
- ii. Badge reels to all attendees Badge Bling

II. SPEAKERS

a.) New graduate panel

- i. Previous graduated board members and anyone else in an interesting specialty - recent grad
 - b.) Advanced practice
 - i. Palliative care NP
 - ii. CNS - Clinical Nurse Specialist
 - iii. Nursing Informatics
 - iv. CRNA - Connor to confirm

c.) Breakout

- i. Periop - Northwell Health
- ii. Human Trafficking/Domestic Violence
- iii. Men in Nursing - Randy Pellew, DNP
- d.) Career Readiness

Ellen Lorenz - Northwell Health

e.) NRSNG - Will be conducting a livestream presentation

- i. Topic: test taking strategies

TREASURER'S REPORT – JILLIAN DEMPSEY

I. COSL

- a.) Reimbursement Allotments: Each board member attending COSL will receive up to \$71 in reimbursements for food. Each driver will receive \$0.535 per for use of their car and gas.
- b.) Members were reminded to submit itemized receipts for reimbursement.

II. Mid Year

- a.) The board discussed and voted on sending 3 board members to NSNA Midyear in Chicago next month.

III. Deposit from NSNA

- a.) September: \$3,075.00

IV. Bank Totals as of October 6, 2019:

- a.) Saving: \$47,406.73
- c.) Checking: \$19,881.72
- d.) Total \$67,288.45

SECRETARY'S REPORT - VICTORIA WASKIEWICZ

I. General Announcements

- a.) Submitted minutes to NSNA
- b.) Worked on and uploaded COSL presentation
- c.) Networked with Molloy students who asked about the NSANYS convention
- d.) A reminder for the board to submit all formal reports via email by the end of the formal meeting

COMMITTEE REPORTS

BTN- KRISTINA FANOS

I. General Announcements

- a.) I created a flyer for my btn workshop and also created a sign up sheet in a word document.
- b.) I am working with Emilia for a new workshop next month.

COMMUNITY HEALTH- HELEN PHAM

1. October

- a. Main: pill bottle drive (PBD) at COSL
- b. BUT... PBD will be open to all schools
 - i. goal: competition with some kind of incentive for chapter that donates the most bottles
- c. Inform peers and faculty ASAP
- d. PR to be posted by October on social media.
- e. *This project is not applicable to the “1 event per academic semester.”

II. Walks @ Jones Beach *anyone can sign up to volunteer with the walk/organization; email me*

- a. Making Strides Against Breast Cancer
 - i. 7AM October 20th
- b. Suicide Prevention Awareness
 - ii. 8:30AM, October 27th

Since this event is the morning after COSL, I would like anyone who is not attending COSL to participate in this event.

III. Bylaws state all BOD must participate in “1 community health event per academic semester”

- a. Update your standing for CH events: [See document here.](#)

b. Deadline to update: by 11:59PM of 10/7/19

IV. Looking Ahead

- a. November
 - iii. Narcan event
 - 1. Update: may be relocated within Molloy College campus, as of 10/3/19.
 - iv. Beach Clean Up (in the works)
 - 1. Mid-November - date to be confirmed.

2. Will take place at Sunken Meadow and Jones Beach
Anyone interested in leading the Jones Beach clean up, please let me know by 11:59PM on 10/7/19. Whoever is geographically close to Jones Beach! I Will help you to lead it!
 - b. December
- v. Ideas welcomed - please send me an e-mail.

BYLAWS & RESOLUTIONS - JESSICA ALLEN

I. General Announcements

- a.) Created Instagram posts for voter registration reminders, absentee vote information, etc. which will be posted weekly up until November's election.
- b.) Reviewed over parts of potential bylaw changes and worked on rationales.
- c.) Started to draft out ideas for my resolutions presentation for both the NSANYS and NSNA conference.

COMMUNICATIONS - ALYSSA TRILLIANA

I. Social Media Posts

- a.) COSL, Community Health Events, Suicide Prevention Awareness, Jess Allen's posts about registering to vote, etc.
- b.) Increase in followers (thanks to Max!)

478 followers

II. Website updates

- a.) Included a button to sign up for Comm Health Narcan training on home page, updated home page & slide show

III. COSL updates

- a.) Directly messaged each school chapter's Instagram page (many responded positively, no tickets were "purchased" - it is free)
- b.) October eblast updates
- c.) Deadline to submit anything to be sent to our members: Sunday, October 13 by 12 AM midnight

STAT NEWSLETTER - EMILIA SALAZAR

- I. Everyone please complete this very short poll so that I can decide if there will be a Fall and Winter Newsletter or only a Winter one. The deadline for this poll will be **October 9th at 11:59 PM.**

<https://forms.gle/ehYDFtyn3QCSK9m27>

Sign up for a topic

https://docs.google.com/spreadsheets/d/1CL7-LYOkZRvNW-Ad6hxIjbIvhtSn6dH82ugznmhO_1A/edit#gid=1304656138

BOD article tracker

https://docs.google.com/document/d/1r6GEF-JDPdLBh_gcnOrevTNMFbpIR16nRs21W7z1FX8/edit

Do not send your articles to me. Place your article(s) in this word document.

https://docs.google.com/document/d/1MF4i90gTyOVmjUBoxct_G3zSYPSDs0l3SuhBUUsWuGiE/edit

II. Reminder to write 2 sentences about your position in this document. The deadline is **October 8th at 11:59 PM.**

https://docs.google.com/document/d/1y7fuca5mAe6AXE2jyC7QW_76ZsWwcW1VhDmmz3_jKzg/edit

III. Reasons for the Stat Newsletter be published for convention (if budget allows):

- a. It showcases the achievements and gives helpful information from nursing students across New York.
- b. It shows the work NSNAYS has been doing in the last couple of months.
- c. Nursing students at convention will be more inclined to write an article if they receive a hardcopy of the newsletter and see articles published by various students and more so if it's people from their own nursing school.

The winter newsletter was not published for this years convention.

IV. Submitted COSL POWERPOINT

REGIONAL DIRECTOR REPORTS:

REGIONAL DIRECTOR CHAIR/ WESTERN REGIONAL DIRECTOR - CONNOR O'SULLIVAN

I. General Announcements

- a.) Emails were sent out
- b.) COSL blast sent out
- c.) Spoke with LIU regarding coming to talk they want to do it next semester possibly
- d.) New RD was nominated.

CENTRAL REGIONAL DIRECTOR - MAX AMESTEGUI

I. General Announcements

- a.) Sent new COSL flyers to students in my region 10/2 with updated student sponsorship information, and pushed for community health event in Rochester.
- b.) COSL emails scheduled for tomorrow 10/7 to updated NY NSNA list. Will include info about pill bottle drive.

NORTHEAST REGIONAL DIRECTOR- JESSICA RODRIGUEZ

I. General Announcements

- a.) Emailed COSL notice to the new list Max gave me
- b.) Sent out emails including - COSL, Narcan, and STAT

MID-HUDSON REGIONAL DIRECTOR- OLENA TROJANOWSKI

I. General Announcements

- a.) Sent out next round of emails. Included in emails is the new COSL information and flyers. In addition to STAT newsletter opportunity, community event information and dates.
- b.) Also urged schools to provide social media information for us to get better connected.

METROPOLITAN REGIONAL DIRECTOR- OLIVIA RUSSELL

I. General Announcements

- a.) Sent out monthly email rounds including community events and newsletter
- b.) Sent out COSL flyers
- c.) E-mailed contact from Mount Sinai about getting more involved

LONG ISLAND REGIONAL DIRECTOR- GABRIELLA FIUMARO

I. General Announcements

- a.) Was introduced to the board via conference call and welcomed

GENESEE VALLEY REGIONAL DIRECTOR- MELANNIE LOPEZ

I. General Announcements

- a.) Contacted my schools to speak to the dean or chair of nursing department.
- b.) Spoke to them about COSL, and asked them to spread the word to student leaders.
- c.) Waiting for their response via email or phone call

3.) ANNOUNCEMENTS

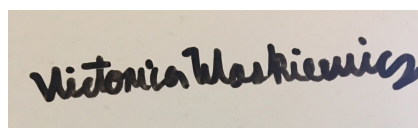
- A. All to submit formal reports to Secretary by conclusion of meeting
- B. All deadlines must be followed accordingly

4.) OLD BUSINESS

5.) NEW BUSINESS: none

6.) ADJOURNMENT

The meeting was adjourned by President, Jessica Alvarado at 9:36 PM

A rectangular box containing a handwritten signature in dark blue ink that reads "Victoria Wasikiewicz".

Jessica Alvarado, President

Victoria Waskiewicz, Secretary